

Career Development Coaching Program Brochure



up Level
CONNECT, ELEVATE, AND SUCCEED WITH YOUR MENTOR

Why Join?

The Career Development Coaching Program is designed to empower professionals to achieve their career goals and reach their highest potential. This program consists of ten tailored coaching sessions aimed at providing individuals with the tools and insights needed to navigate their career paths successfully. Whether you are looking to advance in your current role, transition to a new career, or develop new skills, this program offers personalized support to help you achieve your professional aspirations.

Focus

- **Career Planning:** It assists individuals in creating a clear career plan and identifying actionable steps to achieve their goals.
- **Self-Discovery:** Coaches help individuals gain deeper self-awareness to understand their strengths, values, and passions.
- **Mindset Development:** The program fosters a growth mindset, encouraging participants to embrace continuous learning and adaptability.
- **Professional Branding:** Participants learn how to enhance their professional presence and brand within their industry.

Program Objectives:

- Enhance self-awareness to understand personal strengths, values, and passions.
- Develop a clear career vision and plan.
- Build confidence and resilience in career transitions.
- Cultivate a growth mindset and continuous improvement.



Target Audience:

- Professionals seeking career advancement
- Individuals transitioning to new careers
- Employees looking to develop new skills and capabilities



Program Format:

- **Type:**
One-on-one coaching.
- **Duration:**
8 sessions
(1 hour each), spread over 2-3 months



Methodology:

- Two Pre-Coaching sessions & Six Personalized Coaching sessions
- Progress tracking and regular feedback reports
- The Program is offered virtually via Uplevel Smart Platform

Program Benefits:



Access to experienced and certified coaches



Customized development plans tailored to individual needs



Improved career clarity and direction



Greater confidence and resilience in career decisions



Standards of International Coaching Federation (ICF):

- Our coaches are committed to the ICF Core Competencies and Code of Ethics.
- They are also dedicated to continuous learning and professional development.



Unlock your professional potential with our Career Development Coaching Program. Join today and start navigating your career path to success.



For more information and to apply:

 www.uplevel.sa

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